



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:00 – 5:00	AFTER SCHOOL KARATE PROGRAM				
5:00 – 6:00					7 – 9 INTERMEDIATE
6:00 – 7:00	7 – 9 BEGINNER	4 – 6 YEARS	7 – 9 BEGINNER	4 – 6 YEARS	10 – 14 BEGINNER
7:00 – 8:00	10 – 14 INTERMEDIATE	10 – 14 BEGINNER	7 – 9 INTERMEDIATE	10 – 14 INTERMEDIATE	ADULT OPEN SPARRING
8:00 – 9:30	ADULT BEGINNER KARATE	ADULT INTERMEDIATE KARATE	ADULT BEGINNER KARATE	ADULT INTERMEDIATE KARATE	

TIME	SATURDAY
8:00 – 10:00	ADULT KENDO
10:00 – 11:00	4 – 6 YEARS
11:15 – 12:15	7 – 9 OPEN
12:30 – 1:30	10 – 14 OPEN



20 Dickson Street  
 Cambridge, Ontario  
 N1R 1T4  
 (519) 620-2014  
 www.martialartscentre.com

## **PROGRAM FEES:**

**MARTIAL ARTS KICKSTART \$99.00**

*Includes: 6 weeks of classes, facilities use, fitness pass, student uniform and belt*

Year Membership \$720.00 + GST

Monthly Membership \$75.00 + GST

**FITNESS KICKBOXING KICKSTART \$99.00**

*Includes: 6 weeks unlimited evening classes, gloves, facilities use, fitness pass*

Monthly Membership \$60.00

**MMA / KICKBOXING-X KICKSTART \$99.00**

*Includes: 6 weeks unlimited evening classes, gloves, facilities use, fitness pass*

Monthly Membership \$60.00

**GYM KICKSTART \$99.00**

*Includes: 6 week gym pass, club t-shirt, fitness evaluation, 2 – 20 minute personal training set up sessions*

Monthly Membership \$30.00

**TRX TRAINING KICKSTART \$99.00**

*Includes: 6 week TRX class / gym pass, club t-shirt, fitness evaluation, 2 – 20 minute personal training set up sessions*

Monthly Membership \$60.00

**PERSONAL TRAINING AND SMALL GROUP CLASSES**

*Available on request*

*\* all programs subject to G.S.T.*